

2024

SEPTEMBER

B.I.C. 2: Boyd, Casey, Henry, Kelley, Kordyak, Morgan, Myers, Simpson, Trapp

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



3
POP-TARTS
CRAISINS

4
MAPLE PANCAKE &
CHICKEN SAUSAGE
SANDWICH
APPLE STRAWBERRY CRISPS

5
DOUBLE CHOCOLATE CHIP
BAR
SLICED APPLES

6
PINK CONCHA
ORANGE JUICE

9
OATMEAL CHOCOLATE
CHIP BAR
CRAISINS

10
FRESH BAKED CINNAMON
ROLL
GRAPES

11
ULTIMATE BREAKFAST
ROUND
BANANA

12
MINI CONFETTI PANCAKES
SLICED APPLES

13
WHITE CONCHA
APPLE JUICE

16
FRENCH TOAST BAR
CRAISINS

17
EGG & CHEESE BREAKFAST
SANDWICH
GRAPES

18
SUPER DONUT
APPLE-STRAWBERRY CRISPS

19
FUN N' FRUITTI WAFFLE
SLICED APPLES

20
MINI CHOCOLATE MUFFIN
W/STRING CHEESE
ORANGE JUICE

23
CHOCOLATE MUFFIN
CRAISINS

24
MINI CINNI'S
GRAPES

25
BREAKFAST CLUSTER
BANANA

26
HONEY SCOOTERS
SLICED APPLES

27
HOMEMADE BANANA
BREAD
APPLE JUICE

30
BREAKFAST BURRITO
CRAISINS

VITAMIN B12 supports energy, brain function and mood.
VITAMIN B12 can be found in: Poultry, Eggs, Milk, Yogurt, Cheese, Bananas, and Fish.

